

## Detailed Schedule

Time	Topic	Facilitator
09:00 AM – 09:30 AM	<b>Welcome and Ice Breaker Session</b>	
09:30 AM – 10:15 AM	Introduction to Psychosocial Issues in Palliative Care	Dr. Seema Rao
10:15 AM – 11:00 AM	Understanding Psychological Distress and coping in Palliative and End of life Care	Ms. Michelle Normen
11:00 AM – 11:15 AM	<b>Tea Break</b>	
11:15 AM – 12:00 PM	Grief and Bereavement	Ms. Keshav Sharma
12:00 PM – 12:45 PM	Spiritual Care and Its Role in Psychosocial Support	Dr. Seema Rao
12:45 PM – 01:45 PM	<b>Lunch</b>	
01:45 PM – 02:30 PM	Dignity in End-of-Life Care: Psychological Perspectives	Ms. Michelle Normen
02:30 PM – 03:15 PM	Caring for Caregivers	Ms. Keshav Sharma
03:15 PM – 03:30 PM	<b>Tea Break</b>	
03:30 PM – 04:15 PM	Self-Care for Palliative Care Professionals	Dr. Sravanthi Maya
04:15 PM – 04:45 PM	Group Activity	All facilitators
04:45 PM – 05:00 PM	<b>Concluding remarks</b>	

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